

# Launch

— upscale urban —

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## EGGS & OMELETS

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### ADMIRAL BREAKFAST 15

*Two Eggs, Apple Wood Bacon or Smoked Conecuh Sausage, Southern Breakfast Potatoes, Grits, Buttermilk Biscuit*

### GOVERNMENT STREET BREAKFAST 13

*Two Eggs, Smoked Conecuh Sausage, Grits, Choice of Toast or English Muffin*

### EGGS BENEDICT 14

*Poached Egg, Fried Chicken Breast, Hollandaise Sauce, Buttermilk Belgian Waffle, Southern Breakfast Potatoes*

### HEALTHY CHOICE OMELET 12

*Egg Whites, Fresh Baby Spinach, Feta Cheese, Turkey Sausage, Choice of Toast*

### TRADITIONAL OMELET 7

*Three Egg Omelet Topped with Cheddar and Mozzarella Cheese*

### SMOKED CONECUH SAUSAGE OMELET 9

*Three Egg Omelet, Diced Onions, Bell Peppers, Topped with Sliced Sausage, Shredded Cheddar and Mozzarella Cheese*

### BREAKFAST STRATA 9

*Toasted Croissant Smothered with Three Eggs, Peppers, Onions, Topped with Cheddar and Mozzarella Cheese*

### TWO EGGS YOUR STYLE 9

*Two Eggs, Southern Breakfast Potatoes, Stone Ground Grits, Apple Wood Bacon or Sausage*

### BREAKFAST WRAPS 8

*Tortilla, Two Eggs, Fresh Spinach, Diced Pepper, Onion, Salsa, Sour Cream, Southern Breakfast Potatoes,*

### CONTINENTAL BREAKFAST 10

*Fresh Seasonal Fruit, Freshly Baked Croissant, Danish or Muffin*

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## FROM THE GRIDDLE

### BUTTERMILK PANCAKES 13

*Pancakes, Seasonal Berries with Freshly Whipped Cream, Warm Maple Syrup, Bacon or Sausage*

### BELGIAN WAFFLE 11

*Lemon Marscapone, Pecans, Warm Maple Syrup, Bacon or Sausage*

### CLASSIC FRENCH TOAST 12

*Rich and Flavorful French Bread, Lemon Marscapone, Warm Maple Syrup, Bacon or Sausage*

## BREAKFAST SANDWICHES

### PEPPERCORN BACON CROISSANT 7

*Warm Croissant, Two Eggs Over Arugula, Peppercorn Bacon*

### SAUSAGE EGG CROISSANT 7

*Warm Croissant, Two Eggs and Conecuh Sausage*

### HONEY AND CHICKEN BISCUIT 6

*Fresh Buttermilk Biscuit, Fried Chicken Breast with Honey Butter Sauce*

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DAILY 6:30 - 10:30 a.m.

## — HEALTHY OPTIONS —

### STEEL CUT OATS 7

*Brown Sugar, Cinnamon, Raisins,  
Fresh Seasonal Fruit or Bananas*

### SELECTION OF CEREALS 8

*Choice of Raisin Bran, Special K, Cheerios,  
Rice Krispies or Frosted Flakes, Milk, Choice of  
Fresh Seasonal Fruit or Sliced Banana*

### CRUNCH PARFAIT 4

*Greek Yogurt Layered with Trail Mix,  
Seasonal Berries, and Honey Granola*

### BOWL OF FRESH SEASONAL FRUIT 4



## — BREADS —

### BUTTERMILK BISCUIT 2

### ENGLISH MUFFIN 2

### WHITE BREAD 2

### WHEAT BREAD 2

### MULTIGRAIN 2

### RYE 2



## — FROM THE BAKERY —

### DAILY MUFFIN 3

### DANISH 3

### CINNAMON ROLL 3

### CROISSANT 3

### BAGEL 3

### SCONES 3

## — BEVERAGES —

### FRUIT JUICE 3

*Orange, Grapefruit, Cranberry, Apple, V8, Tomato*

### MILK *Whole, Skim, Soy, Chocolate* 3

### BOTTLED WATER *Dasani* 3 *S. Pellegrino* 4

### SODA *Coca-Cola Products* 2

### ICED TEA 2



## — COFFEE & TEA —

### FRESHLY BREWED REGULAR OR DECAFFEINATED COFFEE

*Cup 2.50 Small Three Cup Pot 7 Large Six Cup Pot 9*

### HOT CHOCOLATE 3

### HOT TEA SELECTIONS 3

*Organic Breakfast, Organic Earl Grey,  
Organic Vanilla Rooibos, Organic Peppermint,  
Organic Long Life Green Tea, Black Tea,  
Organic Chamomile Blossoms, Relax Monsoon Chai*



## — SIDES —

### STEEL CUT OATS 3

### STONE GROUND GRITS 3

### CONECUH SAUSAGE 3

### PEPPERCORN BACON 3

### TURKEY SAUSAGE 3

Consumer Advisory: Consuming raw or undercooked animal foods, may increase your risk of food borne illness, especially if you have certain medical conditions.