



THE SALON & SPA

... *Transform & Revitalize* ...



*The Chase Park Plaza*

SAINT LOUIS





The ultimate pampering  
experience awaits you  
at The Salon & Spa  
at The Chase Park Plaza.

Our Professionally Trained Service Providers are ready to transform and revitalize you, with treatments for hair, skin, nails and body. Come for an hour, or linger for a day and leave feeling beautifully new.

For guests who savor a superlative spa experience, our experts will create a customized spa retreat designed to provide the ultimate in relaxation. Choose from a combination of treatments that soothe the senses and refresh the spirit – perfect for a personal indulgence, or as a most thoughtful gift.

**AVEDA**  
THE ART AND SCIENCE OF PURE  
FLOWER AND PLANT ESSENCES



# Gifts & Packages

## Gift Cards

The Chase Park Plaza is pleased to announce that our pre-paid Gift Cards are available for purchase online and in all of our venues. Perfect for every occasion, a Salon & Spa Gift Card is guaranteed to bring smiles to loved ones, co-workers and business associates alike.

*After 12 months of non-use, a \$5.00 per month service fee will be deducted from the remaining balance, except where prohibited by law.*

## Spa Packages

Customize your own spa retreat to achieve the ultimate in relaxation. We can help you choose a combination of services to pamper the senses and the spirit while creating the perfect gift.

## Special Occasion

Our professionally trained makeup artists and hair stylists would be happy to help you prepare for that special day or event by pampering you the day of your occasion. Schedule an appointment and prepare to be treated to a relaxing experience at The Salon & Spa at The Chase Park Plaza.

## Retail

The Salon & Spa is an Aveda concept salon and offers a full range of Aveda retail products for hair, skin, nails and body. A perfect way to complete your visit to our Aveda salon experience.

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# Hair

## Hair Cuts & Styling

Children's Haircut.....	\$25+
Men's Haircut.....	\$33+
Women's Haircut.....	\$45+
Women's Haircut with a Blow-Dry.....	\$63+
Shampoo & Blow-Dry / Style.....	\$35-45+
* Flat Iron Add-on.....	\$15+
Special Occasion Updo.....	\$65+
Bridal Updo.....	\$70+

## Hair Color Services

Glossing.....	\$50+
All-Over Color.....	\$70+
1/2 Foil.....	\$80+
3/4 Foil.....	\$92+
Full Foil.....	\$108+
Per Additional Color.....	\$10+

*Color Services do not include Blow-Dry Finish.*

## Permanent Wave Services

Full Permanent Wave.....	\$110+
Relaxer.....	\$85+

## Straightening Services

*Aveda's Smooth Infusion Rertexturizing System..... per consultation*

## *Botanical Hair Treatments*

### *Men's Exfoliating Treatment : \$10*

Deep scalp massage using the Men's Pure-Formance Composition and Exfoliating Shampoo that gently sloughs off flakey skin on the scalp. Also, receive a relaxing hot towel on the face.



### *Hydrate Treatment : \$15*

Moisturize and soften dry hair with our professional Dry Remedy Moisturizing Treatment.

### *Repair Treatment : \$15*

Strengthening treatment designed to bring your hair back to its' natural state using Aveda's professional Damage Remedy Intensive Restructuring Treatment.

### *Botanical Therapy*

Achieve healthy beautiful hair with a revitalizing scalp or hair treatment (or both!). This innovative approach uses Plant Micro-Technology to keep the scalp and hair in balance. The new technology enables deeper penetration of hair treatments by moisturizing and repairing each strand from inside out. Treat dry/brittle hair or weak/damaged hair and improve the condition by 84+%. Beautiful healthy hair begins with a balanced scalp.

*Hair Treatment : \$25+*

*Scalp Treatment : \$35+*

*Treatments do not include a Blow-Dry Finish.*

*These treatments are designed to be added to any hair service.*



## Body Treatments

### Caribbean Therapy Body Treatment : \$110

A rejuvenating and nurturing body treatment that uses the healing touch and ingredients of the Caribbean to create inner calm and renew the body and senses. Treatment begins with a dry exfoliation followed by a smoothing, detoxifying seaweed masque that is applied to the back and the feet. A restorative scalp, face and body massage completes this island-inspired experience.

### Rosemary Mint Awakening Body Wrap : \$110

Renew the body and mind with this stimulating and nurturing dry wrap. Your body is exfoliated, smoothed, softened and wrapped. Essences of rosemary and peppermint will awaken your senses while a scalp and foot massage balance the whole body.

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## Make-Up

Bridal Make-Up Application.....	\$60
Special Occasion Make-Up.....	\$50
Lips, Lids & Lashes.....	\$35
Make-up Lesson.....	\$55
Brow & Lash Tint.....	\$22/22

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## Waxing

Brow Wax.....	\$22
Lip Wax.....	\$13
Chin Wax.....	\$13
Side of Face.....	\$23+
Underarm.....	\$27
Lower Arm.....	\$30
Full Arm.....	\$45+
Lower Leg.....	\$45
Full Leg.....	\$75+
Bikini.....	\$36+
Barely There.....	\$50+
Brazilian.....	\$68+
Chest.....	\$38+
Back.....	\$60+
Fingers & Toes.....	\$10/10

We recommend that hair be at least 1/4" – 1/2" in length by the date of your waxing appointment. To prevent ingrown hairs, exfoliate the body area to be waxed 24 hours before your appointment.

# Massage

## *Personalized Massage*

A personalized massage experience with your favorite Aveda aroma is used to promote balance and harmony. This classic full-body massage is customized to meet your individual needs with soothing, relaxing strokes.

30 min. : \$55

60 min. : \$85

90 min. : \$125

## *Deep Tissue Massage*

Focus on realigning deeper layers of muscle and connective tissue, this massage is helpful for chronically tense and contracted areas.

This modality is recommended for people who get massage as regular as once a month.

30 min. : \$65

60 min. : \$105

90 min. : \$155

## *Prenatal Massage*

This relaxing massage is designed to promote healthy circulation and relieve muscular tension in expectant mothers.

60 min. : \$85

90 min. : \$125

## *Reflexology*

Treat your feet to reflexology. Through massaging specific points on the feet, the related body part is stimulated to encourage self-healing and promote balance throughout your body.

30 min. : \$55

## *Fusion Stone Massage*

Experience the sensation of smooth stones and warm oil melting deep into your muscles. The integration of hot stones will balance, soothe and invigorate your body and mind. Personalize your service by incorporating aromatherapy.

60 min. : \$110

90 min. : \$160

## *Chakra Balancing Massage*

Ease muscle tension, soothe the mind and bring the chakra system into balance with an innovative treatment. This treatment includes energy work focusing on each chakra along with slow and specific deep tissue techniques on the back and Chakra Reflexology Massage™ for the feet. We invite you to “zone in” and experience the latest Aveda treatment using the aromatic Chakra Balancing Blends.

60 min. : \$100

90 min. : \$140

## *Stress-Fix Massage*

Clinically proven to reduce feelings of stress, the Stress-Fix aroma with lavender, lavandin and clary sage is incorporated throughout this body massage combining Swedish and deep tissue massage along with foot reflexology, acupuncture points and a guided meditation to calm and rejuvenate you.

30 min. : \$60

60 min. : \$90

90 min. : \$130

*Our Massage Therapists are trained and certified in other specialized modalities. Consult with your massage therapist to determine what additional services may benefit you.*

# *Skin*

## **\*Pure Focus : \$55**

This 30-minute facial focuses on cleansing, toning and moisturizing. Personalize your experience with a face and neck massage or a masque treatment.

## **Pure Radiance Facial : \$80**

Restore a healthy balance to your skin with a customized facial for your individual skin care needs. Enjoy the full experience with cleansing, toning, exfoliating, a masque treatment and moisturizing while we use personalized products, essential oils and soothing massage techniques to give your skin a fresh, healthy glow. Extractions are also included if necessary.

## **Outer Peace Acne Facial : \$85**

Increase outer peace with this multi-faceted approach to acne treatment. This facial will help clear the complexion of blemishes without over-drying or irritating the skin. With a special focus on skin exfoliation and visible redness reduction, the skin's overall appearance will improve.

## **\*Stress-Fix Facial : \$88**

Reduce the feelings of stress while balancing your skin with this 60-minute relaxing facial. This treatment uses Aveda's Stress-Fix aromas of lavender, lavandin and clary sage which are clinically proven to help reduce the feelings of stress. Focusing on a relaxing cleanse, gentle exfoliation and a thorough neck, shoulder and décolleté massage, this treatment will leave you feeling completely refreshed and renewed.

*\*Extractions are not included as part of this treatment.*

## **\*Botanical Skin Resurfacing : \$90**

Our hands on approach and the power of Tourmaline smoothes skin texture, reduces the appearance of fine lines and diminishes the appearance of pore size while significantly increasing radiance. All of this is achieved with less irritation and inflammation than salon microdermabrasion.

## **Chase Signature Facial : \$110**

As a complete skin renewing and stress relieving experience, this treatment is designed to take the Pure Radiance Facial to the next level. This head-to-toe experience includes an Ayurvedic Eye Treatment and integrates the health, balance and overall well-being of your entire body by combining massage techniques while focusing on the face, scalp, upper body and feet.

## **Detoxifying Back Facial : \$75**

A deep cleansing steam treatment includes Aveda's Deep Herbal Clay Masque to draw out impurities. It also includes a relaxing back and neck massage and finishes with a hydrating moisturizer to achieve clearer and more radiant skin.

### *Green Science Skin-Renewing Treatment\* : \$130*

*Minimize, Lift and Firm* with Aveda's new anti-aging line. Ingredients like cactus and organic argan oil minimize the appearance of lines and wrinkles while helping skin boost collagen and elastin production. We customize this 60-minute service with skin-rejuvenating massage techniques while working on a specific area that needs special attention such as eyes, lips, neck or décolleté. *Include Perfecting Plant Peel (90 min.) : \$200*

### *Enbrightenment Discoloration Treatment\* : \$130*

Achieve luminosity, clarity and an even skin tone by combining the professional Enbrightenment Brightening Skin Care with specific massage techniques to support healthy skin function. This 60-minute treatment improves visible clarity and reduces the appearance of discoloration and dark spots. *Include Perfecting Plant Peel (90 min.) : \$200*

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## *Facial Enhancements*

*Add enhancements to any facial for a customized experience.*



### *Ayurvedic Eye Treatment : \$35*

This 30-minute treatment addresses fine lines, wrinkles and puffiness around the eyes by using Aveda's signature Marma Point Massage. This method stimulates healing and reduces the appearance of stress and fatigue.

*When added to any facial : \$25  
(15-minute add-on)*

### *Perfecting Plant Peel\* : \$75*

Our professional, yet gentle peel will actively smooth and retexture skin. Performing like a 30% glycolic peel, this provides instant exfoliation and radiance but without the associated redness and irritation. These powerful plant ingredients warm your skin, helping to open pores and repair aging skin. This 30-minute treatment is recommended for all skin types.

*\* For best results, we recommend this treatment once a week for four to six weeks followed by monthly maintenance facials that preserve skin improvements.*

## *Nails*

### *Express*

#### *Manicure : \$22*

File, shape and polish.

### *Spa*

#### *Manicure : \$30*

Warm citrus soak, moisturizing massage on hands, cuticle removal, file, shape and polish.

### *Stress-Fix*

#### *Manicure : \$35*

Unwind and relax with Aveda's clinically proven Stress-Fix. This treatment uses the stress-reducing aromas of French lavender, lavandin and clary sage. Enjoy an exfoliating scrub, cuticle removal, a moisturizing hand massage, file, shape and polish.

### *Chase*

#### *Manicure : \$38*

Our Signature Manicure includes cuticle removal, file, shape and polish with additional massage on the hands and arms topped with an exfoliating scrub, masque and a paraffin hand treatment.

### *Green Science*

#### *Manicure : \$50*

Visibly renew and repair the aging skin on your hands. Achieve maximum exfoliation without irritation with the Green Science Perfecting Peel to diminish the appearance of sun-spots. Complete with a moisturizing hand massage, cuticle removal, file, shape and polish.

### *Express*

#### *Pedicure : \$36*

Pedicure tub soak, file, shape and polish.

### *Spa Pedicure : \$55*

Pedicure tub soak, exfoliating massage of feet, callous and cuticle removal, moisturizing treatment, file, shape and polish.

### *Rosemary Mint*

#### *Pedicure : \$60*

Like a Spa Pedicure, but this special treatment incorporates Aveda's Rosemary Mint to stimulate and invigorate the senses.

### *Chase*

#### *Pedicure : \$72*

Our Signature Pedicure includes a relaxing tub soak, callous and cuticle removal, file, shape and polish with an additional 10-minute foot and leg massage, exfoliating scrub, masque and a paraffin foot treatment.

### *Caribbean Therapy*

#### *Pedicure : \$75*

This rejuvenating treatment uses healing Caribbean plant ingredients to improve the condition of the nails and cuticles.

A special exfoliating paste and warm seaweed masque is combined with massage techniques to smooth and soften, relax and renew.

### *Stone*

#### *Pedicure : \$80*

Indulge with this lavish pedicure and melt away. Warm stones are used to massage and destress tired feet and lower legs.

### *Stress-Fix*

#### *Pedicure : \$65*

Relax with the aromas of French lavender, lavandin and clary sage. Enjoy an aromatic tub soak, callous and cuticle removal, a specialized massage, file, shape and polish.

*Ask about our shellac services.*

## *Reserved for Men*



### *Gentlemen's Manicure : \$30*

Warm citrus soak, moisturizing massage on hands, cuticle removal, file, shape and buff.

### *Gentlemen's Pedicure : \$55*

Pedicure tub soak, exfoliating massage of feet, callous and cuticle removal, moisturizing treatment, file, shape and buff.

### *\*Gentlemen's Facial : \$55*

This 30-minute facial focuses on cleansing, toning and moisturizing. Personalize your experience with a face and neck massage or a masque treatment.

### *Detoxifying Back Facial : \$75*

A deep cleansing steam treatment includes Aveda's Deep Herbal Clay Masque to draw out impurities. It also includes a relaxing back and neck massage and finishes with a hydrating moisturizer to achieve clearer and more radiant skin.

### *Executive Manicure : \$38*

Our Signature Men's Manicure includes cuticle removal, file, shape and buff with additional massage on the hands and arms topped with an exfoliating scrub, masque and a paraffin hand treatment.

### *Executive Pedicure : \$72*

Our Signature Men's Pedicure includes a relaxing tub soak, callous and cuticle removal, file, shape and buff topped with an additional 10-minute foot and leg massage, exfoliating scrub, masque and a paraffin foot treatment.

### *Executive Facial : \$80*

Restore a healthy balance to your skin with a customized facial for your individual skin care needs. Enjoy the full experience with cleansing, toning, exfoliating and moisturizing while we use personalized products, essential oils and soothing massage techniques to give your skin a fresh, healthy glow. Extractions are also included if necessary.



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*Dear Salon & Spa Guests,*

Treatments you select are reserved especially for you. We kindly ask that you let us know 24 hours in advance if you are unable to keep your appointment or if you need to make any changes. Cancellations after the required 24-hour notice will incur a 50% service charge. All no-shows will be charged for the entire service amount.

*All services are reserved with a valid credit card. We accept: Mastercard, Visa, American Express, and Discover.*

*NOTE: Prices are subject to change without notice.*

We suggest arriving 10-minutes prior to your scheduled service. This will allow you time to check-in and relax before your service.

In consideration of other clients, we regret that late arrivals will not receive an extension of scheduled service time and will be responsible for full service fees. This is to ensure that our next guest receives their full service. Thank you for your cooperation and we look forward to your visit.

