

Your experience begins a lifelong journey...

Journey through our OPAL Spa to achieve a new level of rejuvenated well-being.

We encourage balanced mind, body and spirit through inner focus, results-oriented professional products and a personalized approach to wellness, longevity and beauty.

Our spa artisans offer guidance and encouragement throughout your journey, giving you the tools you need to find your radiant center. Embrace this. It is yours to keep with you wherever your travels take you.

Our OPAL Spa offers unique, personal therapies combined with luxury amenities – all set against the beauty of nature herself. Indulge yourself in a menu of choices and unforgettable experiences.

Every aspect of the OPAL Spa collection experience is designed to reconnect you with your inner soul and the world around you.

Achieve the perfect balance of mind, body and spirit at each of our award-winning spas.

The OPAL Spa Experience

The OPAL Signature Experience



Signature Body Pampering Remedy

This signature treatment starts with a gentle nature inspired exfoliation using a unique scrub enhanced with essential oils, completing with an application of warm shea butter, special oils and cream in a full body, destressing massage. This ritual not only deeply nourishes the skin; it combats fatigue and stimulates circulation. Relaxing, Revitalizing, Restorative. This body treatment is both memorable and blissful. 80 minutes

Signature Custom Massage

Melt away tension and promote circulation with an intuitive blend of massage techniques featuring a range of light to firm pressure. This massage is customized to focus on your body's needs. 50/80/100 minutes

Signature Custom Facial

This specialized facial is personalized by your esthetician to address specific skin concerns, including acne, rosacea, and extradry skin. Targeted solutions are provided to deliver the specific results depending upon your skin type. Sophisticated, pharmaceuticalgrade ingredients and advanced delivery technologies are incorporated in the treatment to provide a healthier, more beautiful-looking complexion. 50/80/100 minutes

Signature Manicure and Pedicure

Begin with a deliciously scented warm hand and foot bath that transforms into an indulgent, nourishing treatment to deeply condition and protect the skin against environmental stress. This exquisite Signature manicure and pedicure combine organic skin softening minerals, a silicate exfoliation, and a hydrating paraffin dip with a rhythmic and relaxing pressure point massage, and, of course, perfection in shaping, cuticle attention and final polish. 100 minutes

Signature Ritual

The gift of renewal, tranquility, and the luster of pure luxury. Enjoy a combination of the Signatures.

Body Pampering Renewal 80 minute Custom facial Manicure and Pedicure Approximately 4.5 hours

The Massage Experience



"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around." ~ Leo F. Buscaglia

Signature Custom Massage

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Deep Tissue Massage

Special massage techniques target the deeper layers of muscle tissue to release chronic muscle discomfort. Especially helpful for tight, tired muscles after strenuous workouts, hiking, or golf. 50/80/100 minutes

Aromatherapy Massage

Engulf your senses with this exhilarating mélange of massage strokes and gentle transitions from across the globe that fully unfold with the application of pure essential oils blended to your request. Benefits include increased blood and lymph circulation, eased tension and energetic revitalization. 50/80/100 minutes

Adirondack Stone Massage

Deep penetrating heat and smooth basalt stones are used to facilitate the balancing of the energy centers in the body to encourage muscle relaxation. This massage helps to soothe and heal the mind, body, and soul. 80 minutes

Reiki Energy Treatment

Return your mind, body and spirit to their naturally aligned state with the use of universal life-enhancing energy fields. Your therapist will utilize healing techniques to deeply relax and center your body while heightening your awareness – reducing pain and tension while bringing inner peace and emotional resolution. 50 minutes

Reiki Energy Massage

Indulge your mind, body and spirit. An ultimate combination of joining full-body massage with the healing powers of Reiki. *50 minutes*

Express Massage

Our therapists will tend to the areas of your body that need the most attention. 25 minutes

Mommy-To-Be

Designed to give relief to the special needs of the mother-to-be. This massage provides comfort,

increases circulation, and aids in the relaxation during this exciting time of change. *50/80 minutes*

You must be past your first trimester to receive this treatment.

Reflexology Massage

This concentrated massage combination quickly relieves stress and tension stored in the upper body and utilizes a therapeutic and invigorating stimulation of pressure points on the feet to help promote relaxation, increase circulation, and achieve balance. 25/50 minutes

Couples Treatment

A tranquil experience for two. Enhance your personalized body experience with a friend or loved one in the privacy of our Couples Therapy Room. Each person may select from our menu of massage and body therapies. 50/80/100 minutes

In-Room Massage

Enjoy our pampering massage therapies from the comfort of your hotel room outside of Spa business hours. 50/80 minutes

Certain room types not applicable. Advance reservations are required.

Signature Custom Facial

This specialized facial is personalized by your esthetician to address specific skin concerns, including acne, rosacea, and extradry skin. Targeted solutions are provided to deliver the specific results depending upon your skin type. Sophisticated, pharmaceutical-grade ingredients and advanced delivery technologies are incorporated in the treatment to provide a healthier, more beautiful-looking complexion. 50/80/100 minutes

Executive Men's Facial

This high-performance treatment addresses the specific skin needs of men. A soothing facial to ease razor irritation and maintain hydration, while protecting and restoring skin from damage caused by chronological and environmental aging. A blend of vitamins and antioxidants nourish the skin for a more revitalized and healthier-looking complexion. 50/80/100 minutes

Express Facial

Indulge when time is precious. Service is designed to refresh your complexion between regular facial treatments. 25 minutes

Deep Cleanse Back Treatment

An effective treatment to clear spots and blemishes while hydrating, protecting, and refreshing dull, tired skin. 25 minutes

Enhancements

Add one or more of these enhancements to your experience to provide further visible results.

Peel, Mask, Lip or Eye Treatment

Clinical Facial Treatments

Stem Cell Repair

Focusing on cellular repair and regeneration this hydrating treatment rebuilds cellular membranes and works on DNA to minimize the appearance of fine lines and wrinkles. *80 minutes*

Collagen Renewal

A highly respected skin-renewing treatment that hydrates, smoothes, and tones to combat the visible signs of aging. Collagen 90-11 is an exclusive age-defying treatment that associates a pure native collagen sheet with selected ingredients, to provide intense hydration, firm the skin, and improve the overall complexion by minimizing the appearance of lines and wrinkles. 80 minutes

Botinol (Botox[®]-like effect without the needle)

This innovative, clinically proven anti-aging treatment is an ideal treatment for people determined to mask the signs of aging. After just one treatment, expression lines appear relaxed, lines and wrinkles are visibly reduced, and the skin appears visibly younger. *80 minutes*

Oxygen Detoxifier

This revolutionary acne treatment is inspired by the powerful benefits of oxygen that inhibit and prevent the growth of bacteria while also increasing cellular energy and reducing the effects of stress. Unique Oxygen Complex normalizes, detoxifies, and hydrates in depth to give the skin back its natural radiance and glow. 50/80 minutes

Hydro-Lifting Rescue

This clinical treatment is formulated to exfoliate, deeply rehydrate, restore, lift, and firm the skin for instant radiance and enhanced skin tone. Perfect before a special event, wedding, or public appearance. 50/80 minutes

Sea C Brightener

Sea C Spa is formulated with marine and vegetal ingredients and powerful antioxidants. The effect delays the visible signs of aging, evens out the skin tone, and illuminates the skin, thus restoring its youthful appearance. Exceptional for both preand post-sun exposure, smokers, and people who live in areas with high pollution levels. 50/80 minutes

Please talk to your therapist about follow-up home care products. Home care treatments have been specially formulated to prolong the benefits triggered during facials and treatments.

The Skin Care Experience



Signature Body Pampering Remedy

This signature treatment starts with a gentle nature inspired exfoliation using a unique scrub enhanced with essential oils, completing with an application of warm shea butter, special oils and cream in a full body, de-stressing massage. This ritual not only deeply nourishes the skin; it combats fatigue and stimulates circulation. Relaxing, Revitalizing, Restorative. This body treatment is both memorable and blissful. 80 minutes

Restorative Body Scrub and Polish

Draw upon the healing elements of our sugar and salt scrub to invigorate and replenish your skin. Shea butter and special oils provide essential hydrating and soothing effects on dry, sun-exposed skin. A gentle exfoliation in a variety of scents. 50 minutes

Sagamore Soothing Wrap

This hydrating treatment begins with a slow dry brush exfoliation. Relax and enjoy all benefits of this treatment as you are cocooned in a rich, warm environment while enjoying a relaxing foot and invigorating scalp massage. A soothing wrap in a variety of scents. 50 minutes The Body Renewal Experience



Our Salon offers a variety of services for men, women and children. Children 10 and under must be accompanied by an adult.

Hair Design & Styling

Women's Cut and Blow-out Gentlemen's Cut Children's Cut (Ages 10 and under) Wash and Blow-out Wash, Blow-out and Finish Special Occasion Style Bridal Hair Trial

Brilliant Color Services

Women's One Step Color Men's Color Color with Foil Full Foil Partial Foil Color Correction (Requires Consultation) Add Haircut to any color service

Final Touches

Finishing Style Deep Conditioning Treatment Hair Extensions Braid Color Glaze

Makeup

Airbrush and Mineral Makeup perfect for weddings, special events and every day!

Airbrush Application | Trial Makeup Application | Trial Wedding Day Application

Add lashes to any makeup application

Facial and Body Waxing

Our technicians use the finest wax to safely remove hair while discouraging further growth.

If you are using Retin A, Accutane or if you are pregnant, please inform our technicians before waxing. Hair should be trimmed to an eighth of an inch long prior to arrival. Groom the health and appearance of your cuticles, hands and feet. Please ensure nails are in healthy condition before making an appointment. Polish changes will be substituted for guests with infectious conditions.

Signature Manicure and Pedicure

Begin with a deliciously scented warm hand and foot bath that transforms into an indulgent, nourishing treatment to deeply condition and protect the skin against environmental stress. This exquisite Signature manicure and pedicure combine organic skin softening minerals, a silicate exfoliation, and a hydrating paraffin dip with a rhythmic and relaxing pressure point massage, and of course, perfection in shaping, cuticle attention and final polish. *100 minutes*

Classic Women's Manicure | Classic Women's Pedicure

Classic Men's Manicure | Classic Men's Pedicure

Shellac Manicure

If you have shellac on your nails, please notify us at time of booking to allow appropriate time for removal.

Children's Express Manicure | Children's Express Pedicure

For children ages 10 and under.

Polish Change Hands | Polish Change Feet

Final Touches

These enhancements are available to add as upgrades to your nail services. Additional time may be required.

French Tip Nail Design Warm Oil Massage Hot Stone Foot Massage Callus Removal Nourishing Mask Paraffin Dip The Salon Experience

Feel like royalty as you pick one of these ethereal combination spa experiences thatstring together select beauty and wellness treatments and roll them into one day of bliss. The individual experiences are specifically chosen to enhance the effectiveness of each and creates one glorious ritual.

Signature Ritual

The gift of renewal, tranquility, and the luster of pure Luxury. Enjoy a combination of the Signatures.

Body Pampering Remedy, 50 Minute Custom Facial, and Manicure and Pedicure Approximately 4.5 hours

Gentlemen's Sports Package

A package designed with the Spa Man in mind. Just for him.

50 Minute Deep Tissue Massage, 50 Minute Custom Facial, and a Classic Gentlemen's Pedicure Approximately 3 hours

Duet Package

Perfect package for two. Mother/Daughter, Honeymoon or BFF's spa retreat. Share, relax and reconnect in the paradise that is Spa!

Each person may choose from a 50 minute Custom Massage OR a 50 minute Custom Facial with a Classic Manicure and Pedicure. Approximately 2.5 hours. Priced per person.

Green Island Getaway

Enjoy a combination of our Island Inspired services. 50 minute Aromatherapy Massage, Restorative Body Scrub and Polish, and a 50 minute Clinical Facial Approximately 2.5 hours

Adirondack Reprieve

Soothe and heal the mind, body, and soul with our Adirondack Stone Massage in combination with a 50 minute Signature Custom Facial to help achieve a healthier, more beautiful-looking complexion. Approximately 2 hours

The Fitness Experience

Hiking, Yoga, Personal Training, and more. Please contact Spa Reception for more details.

The Ritual Experience

The OPAL Spa Experience

Reservations

In order to have the most treatment choices and options, we encourage you to schedule your appointments at least two weeks in advance. Prices and spa hours are subject to change without notice.

Arrival

Please check in at The Spa Reception Desk 15 to 20 minutes prior to your first scheduled appointment. This will allow you to relax and set your mind to a peaceful and tranquil mood. Please remember that each service is scheduled precisely and will end on time so that the next guest is not delayed. Arriving late may result in a shortened service.

Cancellations

Cancellations, changes and reschedule requests must be made 24 hours prior to appointment time to avoid being charged in full.

Communication

All aspects of your treatment can be modified to your taste: amount of pressure, light, music, temperature, and whether or not you choose to have a conversation or enjoy the treatment in silence. Conversation in the relaxation room and spa hallways should be kept at a low volume.

Gratuity

A service charge of 18% is automatically added to your service as a convenience. Additional gratuities for superior service are always appreciated.

Gift Cards

Gift cards may be purchased through the hotel front desk.

Cell Phones

We are here to promote a calm and relaxing environment. We prefer that you leave phones, smart phones, iPads and pagers at home or in your room. If you must bring them with you, please turn them off before entering the spa.

Sustainability

As part of our Eco-Awareness efforts, we strive to conserve. We do not use animal-tested products. We recycle and use recycled, bulk and local products when possible so that we can not only enhance your appearance and health, but that of our earth. Being respectful of your environment is part of the spa experience. Using only the number of towels necessary during your stay helps us to maintain our goal.

Medical Conditions

If you have any type of medical condition, be sure to mention it to your therapist. Certain treatments may not be advisable for you.

Groups and Spa Parties

It is our pleasure to host a private spa event. Please call the Spa Director for details.

Food and Drink

It is advisable not to eat for at least an hour before a treatment. Please avoid the consumption of alcohol and drink plenty of water on the day of services.

Therapist Preference

If you prefer either a male or female therapist, please let the Spa Desk Agent know athe time of booking.

What to Wear

We provide robe and sandals at The Spa. Treatment protocol allows modest draping throughout your services; however, for your comfort and privacy, you may wear a bathing suit or undergarment.

Valuables

In order to avoid all worries and stress, leave all jewelry and valuables at home or in your room safe.

Children

A spa is a great place to get a little alone time. Our spa facilities are limited to children ages 16 and over. Salon services are available for well-behaved youth of all ages when accompanied by an adult.

Retail

Continue your Spa Experience at home; all spa products are available in our retail area. Shipping is available for your convenience.

Return Policy

We will gladly exchange, replace or credit your retail purchase within 15 days of purchase. The merchandise must be in saleable condition with tags intact accompanied with the original receipt.



OPALSpa