

THE SPA & SALON

AT THE SAGAMORE



SIGNATURE TREATMENTS

SAGAMORE SIGNATURE BODY RITUAL

A pampering body treatment that combines a moisturizing body scrub and luxurious body wrap. This treatment mildly exfoliates and improves microcirculation while providing vital nutrients to nourish and revitalize dry, parched skin. A super-rich body massage and a warm body butter wrap will release built up tension and stress, as well as leave skin hydrated, smooth, and incredibly soft. A soul-satisfying scalp treatment offers further relaxation and pampering.

*75 Minutes, \$170**

ADIRONDACK HOT STONE MASSAGE

Deep penetrating heat and smooth basalt stones are used to facilitate the balancing of the energy centers in the body to encourage muscle relaxation. This massage helps to soothe and heal the mind, body, and soul.

*75 Minutes, \$170**

DE-STRESS MUSCLE MASSAGE

A deeply restorative treatment designed to work on tight, fatigued muscles and joints and to soothe the busy mind. Involves specialized techniques and products to warm, manipulate, and ease the muscles while inviting a calm balance for your mind, body, and spirit.

*75 Minutes, \$170**

SAGAMORE CUSTOM FACIAL

This specialized facial is personalized by your esthetician to address specific skin concerns, including acne, rosacea, and extra-dry skin. Targeted solutions are provided to deliver the specific results depending upon your skin type. Sophisticated, pharmaceutical-grade ingredients and advanced delivery technologies are incorporated in the treatment to provide a healthier, more beautiful-looking complexion.

50 Minutes, \$125 | 75 Minutes, \$165**

TROPICAL PARADISE MANICURE OR PEDICURE

Relax while your nails soak in a coconut milk bath, followed by an exfoliation using pure cane sugar infused with essential oils and enzymes. A warm body butter wrap will deliver moisture to instantly revive skin, while coconut milk proteins assist in firming and reducing the appearance of fine lines. This classic treatment will leave you with precisely shaped and beautifully polished nails.

Manicure from 30 Minutes, \$40 | Pedicure from 50 Minutes, \$55**

COLLAGEN FACIAL TREATMENT

Our Signature Treatment is a highly respected skin renewing treatment that hydrates, smoothes, and tones wrinkles to combat the visible signs of aging. Collagen 90-11 is an exclusive age-defying treatment that associates a pure native collagen sheet with selected ingredients, to provide intense hydration, firm the skin, and improve the overall complexion by minimizing the appearance of lines and wrinkles.

*75 Minutes, \$195**

BOTINOL CLINICAL TREATMENT

(Botox®-like effect without the needle)

This innovative, clinically proven anti-aging treatment is an ideal treatment for people determined to mask the signs of aging. After just one treatment, expression lines appear relaxed, lines and wrinkles are visibly reduced, and the skin appears visibly younger.

*For maximum efficiency, one treatment per week is recommended for five consecutive weeks.

*75 Minutes, \$205**





TOUCH THERAPY

ADIRONDACK HOT STONE MASSAGE

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*75 Minutes, \$170**

EXPRESS MASSAGE

Our therapists will tend to the areas of your body that need the most attention.

*25 Minutes, \$65**

DE-STRESS MUSCLE MASSAGE

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*75 Minutes, \$170**

CUSTOM FIT MASSAGE

Melt away tension and promote circulation with an intuitive blend of massage techniques featuring a range of light to firm pressure. This massage is customized to focus on your body's needs.

50 Minutes, \$120 | 75 Minutes, \$160**

DEEP TISSUE MASSAGE

Special massage techniques target the deeper layers of muscle tissue to release chronic muscle discomfort. Especially helpful for tight, tired muscles after strenuous workouts, hiking, or golf.

50 Minutes, \$130 | 75 Minutes, \$170**

REIKI ENERGY MASSAGE

Indulge your mind, body and spirit. An ultimate combination of joining full-body massage with the healing powers of Reiki.

*50 Minutes, \$125**

AROMATHERAPY

Combining the power of pure essential oils with a specialized massage drawn from traditions of East and West, these massage sequences target the nervous system easing away stress and bringing the body and mind back into balance.

50 Minutes, \$125 | 75 Minutes, \$165**

FOOT REFLEXOLOGY MASSAGE

This concentrated massage combination quickly relieves stress and tension stored in the upper body and utilizes a therapeutic and invigorating stimulation of pressure points on the feet to help promote relaxation, increase circulation, and achieve balance.

*50 Minutes, \$130**

COUPLES MASSAGE

A tranquil experience for two. This customized massage will help alleviate stress, improve circulation, relax, and revitalize.

50 Minutes, \$125 per person | 75 Minutes, \$165* per person*

PREGNANCY MASSAGE

Designed to give relief to the special needs of the mother-to-be. This massage provides comfort, increases circulation, and aids in the relaxation during this exciting time of change. Please consult your physician prior to experiencing massage. Must be outside your first trimester to receive this treatment.

*50 Minutes, \$125**

IN-ROOM MASSAGE

Enjoy our pampering massage therapies from the comfort of your hotel room.

**Certain room types not applicable. Advance reservations are required.*

50 Minutes, \$150 | 75 Minutes, \$190**

MASSAGE ENHANCEMENTS

Ayurvedic Scalp Massage, Reflexology.

These enhancements can be added to any 50-minute massage for an additional \$30.*



** Gratuity of 18% will be added to each treatment.*

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BODY TREATMENTS

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*75 Minutes, \$170**

GREEN ISLAND SUGAR SCRUB

Escape to the islands while fresh sugarcane crystals, containing naturally occurring alpha-hydroxys, gently buff away aging skin cells, and polish your skin clean. A warm coconut milk nourishes dehydrated skin and leaves the body relaxed inside and out.

*50 Minutes, \$130**

ROSE HYDRATING COCOON

Indulge in this nourishing and deeply moisturizing wrap. Rich oils of creams of damask rose are smoothed into freshly exfoliated skin leaving it glowing, silky, and revitalized. A relaxing scalp massage completes this unique pampering experience.

*50 Minutes, \$125**

NEW! DETOX AND REVIVE SOOTHER

Perfect for those who travel, this treatment combines zesty citrus oils to leave you feeling invigorated and full of energy.
*50 Minutes, \$125**

NEW! BODY POLISH

Choose from our energizing mint or firming and hydrating rose to polish away rough, dry skin. The perfect addition to any massage.

*50 Minutes, \$130**



FACIAL TREATMENTS

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50 Minutes, \$125 | 75 Minutes, \$165**

EXPRESS FACIAL

Indulge when time is precious. Service designed to refresh your complexion between regular facial treatments.

*25 Minutes, \$65**

GENTLEMAN'S FACIAL

This high-performance treatment addresses the specific skin needs of men. A soothing facial to ease razor irritation and maintain hydration, while protecting and restoring skin from damage caused by chronological and environmental aging. A blend of vitamins and antioxidants nourish the skin for a more revitalized and healthier-looking complexion.

50 Minutes, \$125 | 75 Minutes, \$165**

DEEP CLEANSE BACK

An effective treatment to clear spots and blemishes while hydrating, protecting, and refreshing dull, tired skin.

*50 Minutes, \$120**

ENHANCEMENTS

Enhance your custom facial experience with the following skin intensive treatments.

Peels – Derm Renewal, Glycolic, Jessner, Enzyme

Masks – Algo, Repair Booster, Firm & Sculpt Booster

Additional \$35 per enhancement*

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CLINICAL FACIAL TREATMENTS

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*75 Minutes, \$195**

OXYGEN FACIAL

This revolutionary acne treatment is inspired by the powerful benefits of oxygen that inhibit and prevent the growth of bacteria while also increasing cellular energy and reducing the effects of stress. Unique Oxygen Complex normalizes, detoxifies, and hydrates in depth to give the skin back its natural radiance and glow.

**For maximum efficiency, one treatment per week is recommended for five consecutive weeks.*

*50 Minutes, \$155**

HYDRO-LIFTING FACIAL

This clinical treatment is formulated to exfoliate, deeply rehydrate, restore, lift, and firm the skin for instant radiance and enhanced skin tone.

**Perfect before a special event, wedding, or public appearance.*

*50 Minutes, \$155**

SEA C SPA BRIGHTENING FACIAL

Sea C Spa is formulated with marine and vegetal ingredients and powerful antioxidants. The effect delays the visible signs of aging, evens out the skin tone, and illuminates the skin, thus restoring its youthful appearance.

**Exceptional for both pre- and post-sun exposure, smokers, and people who live in areas with high pollution levels.*

*50 Minutes, \$165**

BOTINOL CLINICAL TREATMENT

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*75 Minutes, \$205**

STEM CELL FACIAL

Focusing on cellular repair and regeneration this hydrating treatment rebuilds cellular membranes and works on DNA to minimize the appearance of fine lines and wrinkles.

*75 Minutes, \$205**

Home care treatments have been specially formulated to prolong the benefits triggered during facials and treatments. Please talk to your therapist about follow-up home care products.



SALON SERVICES

MAKEUP

Wedding Day Application \$80* | Consultation \$45*

30-Minute Makeup Application \$45* | 60-Minute Application and Instruction \$80*

NAIL SERVICES

Women's Manicure \$40* | Pedicure \$55*

Men's Manicure \$35* | Pedicure \$50*

Express Manicure \$25* | Pedicure \$40*

Shellac Manicure \$50*

Polish Change Hands \$14* | Feet \$20*

**If you have shellac on your nails, please notify us at time of booking to allow appropriate time for removal.*

NAIL ENHANCEMENTS

French \$5 (not available for Express Services)

Nourishing Mask \$10* | Paraffin Dip \$20*

Waxing services available upon request.

**Gratuity of 18% will be added to each treatment.*



SPA PACKAGES & RITUALS

GREEN ISLAND RITUAL

Green Island Sugar Scrub, 50-minute Custom Massage, *or* 50-minute Custom Facial with Express Massage *or* Express Facial.

*125 Minutes, \$300**

SAGAMORE SAMPLER PACKAGE

Express Massage, Express Facial, Express Manicure, Express Pedicure.

*100 Minutes, \$195**

FIJI BODY BOOSTER

Body Boosters include Exfoliation, Herbal Oil Wrap, and half-hour Swedish Massage. Choose from Milk and Honey, Pineapple, Coconut, or Mango.

*75 Minutes, \$180**

GIRL'S NIGHT OUT

Hairstyling and Makeup.

*50 Minutes, \$65**

Include Wash

*75 Minutes, \$80**

WEDDING WONDERLAND

Customize a package for you and your bridal party. Choose service à la carte and receive a discount based on the number of guests in your party. *Six people yields 6% off your package.

GENTLEMAN'S REPRIEVE

Adirondack Hot Stone Massage and the 50-minute Gentlemen's Facial.

*115 Minutes, \$280**

TEEN DREAM

Express Facial, Express Manicure, Express Pedicure.

*75 Minutes, \$125**

CHILDREN'S EXPRESS (12 AND UNDER)

Haircut, Polish Change for Hands and Feet.

*50 Minutes, \$55**

FITNESS OPTIONS

Hiking, Yoga, Personal Training, and more.

Please contact Spa Reception for more details.

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THE SPA & SALON

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APPOINTMENT CONSIDERATIONS

To ensure availability, please book services at least two weeks in advance. Prices and spa hours are subject to change without notice. The Sagamore Resort Spa & Salon does not use animal-tested products. We recycle and use recycled products whenever possible so that we can not only enhance your appearance and health, but that of our earth.

To preserve the tranquility of the spa, we respectfully request that all cell phones are silenced or off. The use of cameras and camera phones are not permitted.

APPOINTMENTS

Please arrive at least 15 minutes prior to your scheduled appointment time to allow yourself time to change and relax. As a courtesy to our guests, all appointments will begin and end on time. We cannot guarantee service for late arrivals. Cancellation fees apply.

CANCELLATION POLICY

If you must reschedule or cancel your appointment, please notify us within 24 hours to avoid a 100% charge of the services.

GIFT CERTIFICATES

Gift certificates are perfect for any occasion! We offer gift certificates in any dollar amount, and they can be purchased at any time. Please call the resort for details.

RETURN POLICY

We will gladly exchange, replace, or credit your retail purchase within 15 days. The merchandise must be in saleable condition with tags intact accompanied with the original receipt. Please retain your receipt so we may better service you.

SPA AND SALON HOURS

Please call for hours and appointment availability. Group appointments are available. Please contact the Spa & Salon at 518-743-6081 for details.

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