



**S**even days, three locations, and more authentic Indian food than you could imagine up in your wildest dreams. Sound too good to be true? We promise you, it's totally possible - one GLAMOUR writer has tried and tested the trip. Well, someone had to...

If India is on your travel bucket list and one of your main loves in life is food, then it's time to consider an Indian food tour. And if you haven't got months of soul-searching travel time available (or holiday days left, for that matter) then fear not, it's totally doable in one week. Spend two days in each location: starting in bustling New Delhi, moving on to stunning Udaipur and finishing in the relaxation capital of Goa, all lined with street food tasting, cooking classes, Indian cocktail trying, spice farm tours and more. Sound like the trip for you? Here's how to make it happen...



#### STAY AT...

Dotted in multiple locations around India, the [Leela Palaces, Hotels and Resorts](#) offer luxury unparalleled. Represented by [Preferred Hotels & Resorts](#) - the world's largest independent hotel brand which champions the best in stellar hotels - the Leelas truly have it all, from attention to detail that can only be dreamed up (14,000 fresh flowers changed daily), to dining experiences that'll make you never want to look at an Indian takeaway menu again, and views that no Instagram filter will ever do justice. Put it this way: For a country with so much beauty to experience, the Leela's work as fitting accommodation to enjoy it from.

## To start: hustle and bustle



If you want to experience the 'real' India, but don't want to compromise when it comes to your accommodation, then start your trip in the capital of New Delhi. Staying at The Leela New Delhi (which is a member of the Preferred Hotels & Resorts Legend Collection, read: the best of the best), you'll get the eye-opener you're after from the moment you step outside, from bustling markets to road-side food vendors, all set to a chorus of relentless beeping. Arriving back at the Leela New Delhi after a hard day will be like finding an oasis amid India's bustling capital. Two days is perfect. And if you want to start your luxury experience from the get-go, Jet Airways offer competitive prices and the sociable flying times (there's the option to arrive in India by morning and back into London by 6pm when your trip is over) which you'll seriously be thankful for - trust us.



clarasheppard · 1 month ago

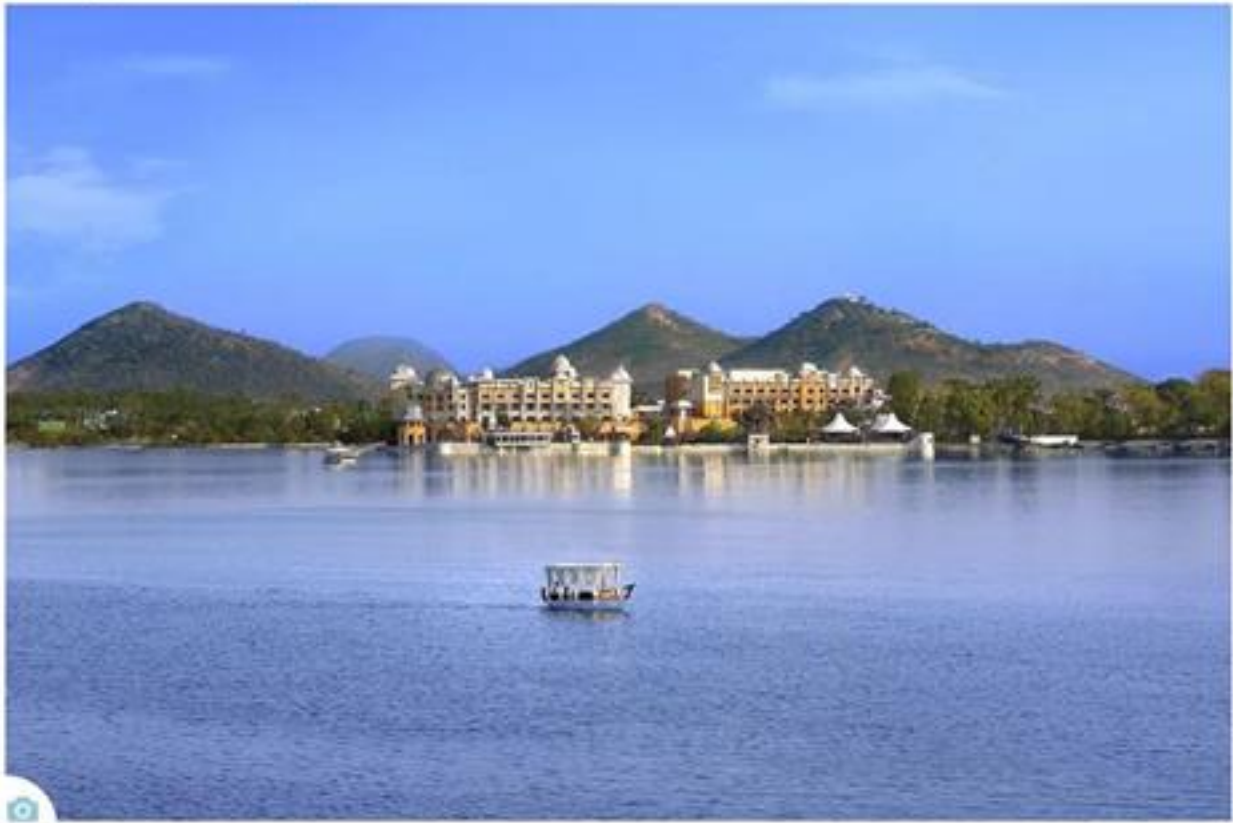
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### Let's talk food...

The Leela New Delhi's huge offering of restaurants and food experiences is one of its defining features. Eat breakfast at The Qube (they offer everything from morning parathas with dal to fresh fruit), then dine at the Leela's signature Indian restaurant, Jamavar. Here you'll be able to choose from specialities such as kebabs, tandoori, biryanis and Indian breads so good that you won't be able to help yourself but fill up on them pre-meal. To end your night, head to The Library - the hotel's drinking hub - where you can enjoy a stunning range of Indian cocktails, made before your very eyes. And if you want to take some expert cooking tips home with you, the hotel offers private cooking classes where you'll be taught to make key Indian dishes, hosted by none other than the resident head chef.

### Next up: breathtaking views



After New Delhi, you'll be more than ready for Udaipur, AKA The Venice of the East, owing to its impressive body of lakes. As for your hotel, the Leela Udaipur (also a Preferred Hotels Legend Collection member) is the only choice for you if you want the sort of beauty that'll make you feel like you're in a film set - quite literally. The palace is set along the edge of Lake Pichola, the location that played a starring role in the 1983 Bond film, *Octopussy*, which should give you some idea of its glittering beauty. As for the Leela, they're under no illusion that the lake is their winning feature: from the boat ride over (strategically missing the not-quite-so-impressive narrow back roads) to their repertoire of 100% lake-facing rooms, and the restaurant terrace that looks directly over it - stunning for a moonlit evening meal. Well if it's good enough for Bond...



### Let's talk food...

The Leela Udaipur also offers cooking courses while downtown Udaipur offers everything you could imagine in the way of authentic Indian street food. Sample a traditional Indian breakfast on the streetside or hit one of the many daily food and vegetable markets - the colours will blow you away. You can fit it all in to two days if you do it right, before catching your flight to Goa. Relaxation awaits...

To finish: \*All\* the relaxation



Forget a different state, you'll feel like you're in a different country when you land in Goa for the final leg of the tour. The Leela Goa - also a Preferred Hotels Legend Collection member - is a resort (as opposed to a palace) so it's completely in keeping with the relaxed vibe of the place. The hotel boasts a private beach, golf course and an early morning session of 7am morning yoga will really help you find your \*zen\*.



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## Let's talk food...

As well as including the chain's resident Indian restaurant, Jamavar, where you can sample the location's namesake Goan fish curry, the Leela Goa also boasts an all-day dining restaurant and even Italian restaurant, Riverside, if you fancy a bit of a western break. Outside of the hotel, you can make the hour-long drive to Sahakari Spice Farm where you can enjoy a guided tour of the farm (and take back some hand-picked samples).

### NEED TO KNOW

## Hotels...

Preferred Hotels & Resorts is the world's largest independent hotel brand, representing more than 650 distinctive hotels, resorts, residences, and unique hotel groups across 85 countries.

Book via [preferredhotels.com](http://preferredhotels.com).

## Flights...

A return from London Heathrow to Delhi with Jet Airways costs from £490 per person in economy class.

A multi-city trip from London Heathrow to Delhi, Udaipur and onwards to Goa (returning to London) with Jet Airways costs from £870 per person in economy class (Goa and the return journey to London Heathrow are via Mumbai).

Jet Airways, India's premier airline, flies daily from London Heathrow to Delhi and twice daily to Mumbai. For more information and to book visit [jetairways.com](http://jetairways.com) or call 0808 101 1199.





