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ANXIOUS  
EATING  
'MY BATTLE  
WITH FOOD'  
BY RUBY  
TANDOH

NOVEMBER 2014

POWER  
WOMAN

*Anne  
Hathaway*

REVENGE PORN

EVERY WOMAN  
NEEDS TO READ THIS

DRESS YOURSELF  
CONFIDENT

*How to wear  
what you already  
own. With even  
more style*

AUTUMN  
FASHION

BE SEDUCED BY THE NEW

*Thigh-high* BOOTS

*Statement* COATS

*Sexy* PRINTS

*The 5 minute  
make-up trick*

THAT WILL GIVE YOU  
CHEEKBONES



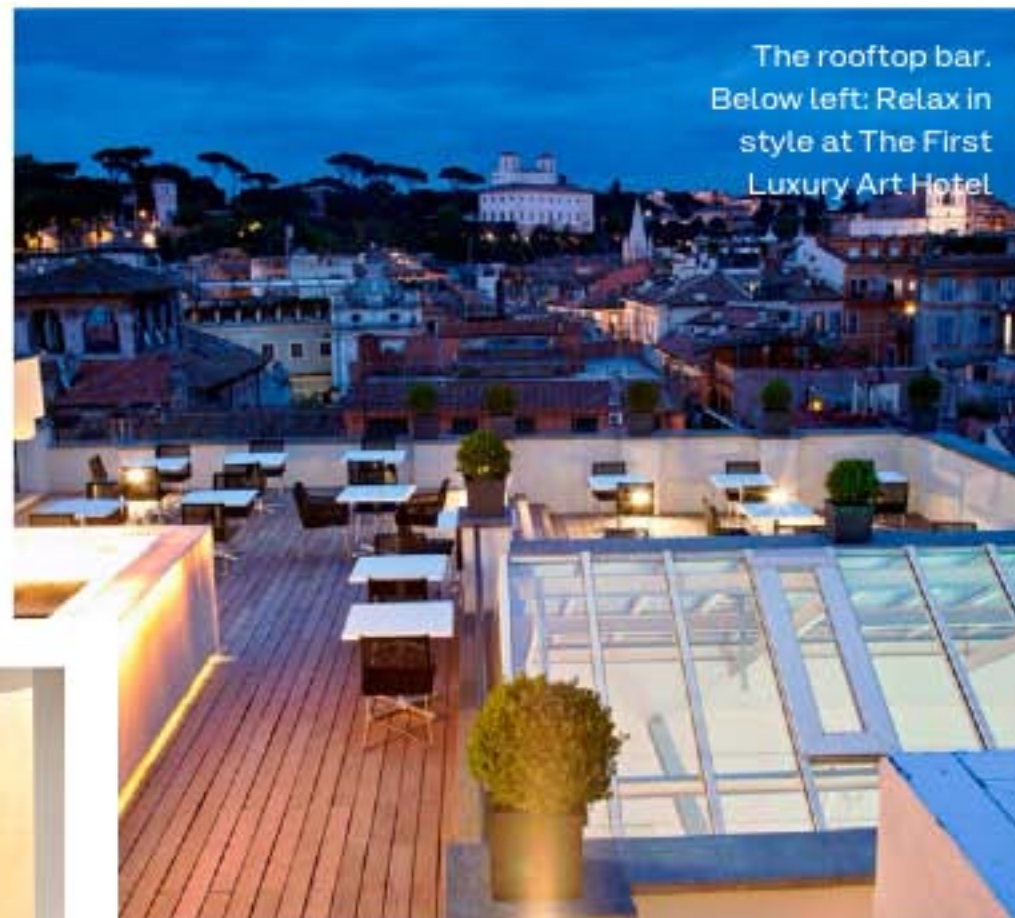
## CRILLON LE BRAVE, PROVENCE

Crillon le Brave sits in the village of the same name, overlooking Mont Ventoux. There are luxurious rooms, a heated pool and, best of all, three restaurants. At Bistrot 40K, everything is sourced within a 40km radius; La Grange serves fabulous breakfast and lunch on its terrace; and the 13th century stables are home to Restaurant Jérôme Blanchet. Highlights here include seabass carpaccio, herb-crusted lamb with red peppers, and strawberry sponge cake - foodie heaven.

Place de l'Église 84410, Crillon le Brave, Provence; +33 (0)4 9065 6161; [crillonlebrave.com](http://crillonlebrave.com). Doubles from £240, B&B. British Airways has return flights to Marseilles from London Heathrow, from around £105.

# Foodie hotels

Winter weekend escapes are all about what's on the menu



The rooftop bar. Below left: Relax in style at The First Luxury Art Hotel



### DO IT

Tap here to see more stylish boltholes

## THE FIRST LUXURY ART HOTEL, ROME

This Roman bolthole works hard to live up to its name: contemporary artworks adorn every surface; vast beds, walk-in showers and a Michelin-starred restaurant keep the luxe part covered; and each of the 29 rooms is assigned its own artist. Room decor is comfortably modernist: sleek blue sofas, plush white bedding and packed bookshelves. The First's jewel is All'Oro, where menu highlights include a reduction of carbonara, served in an eggshell, smoked mozzarella 'panna cotta' and a cod 'tiramisu'. The rooftop bar is worth a pre-dinner drink for the views alone. Pricey, but worth it.

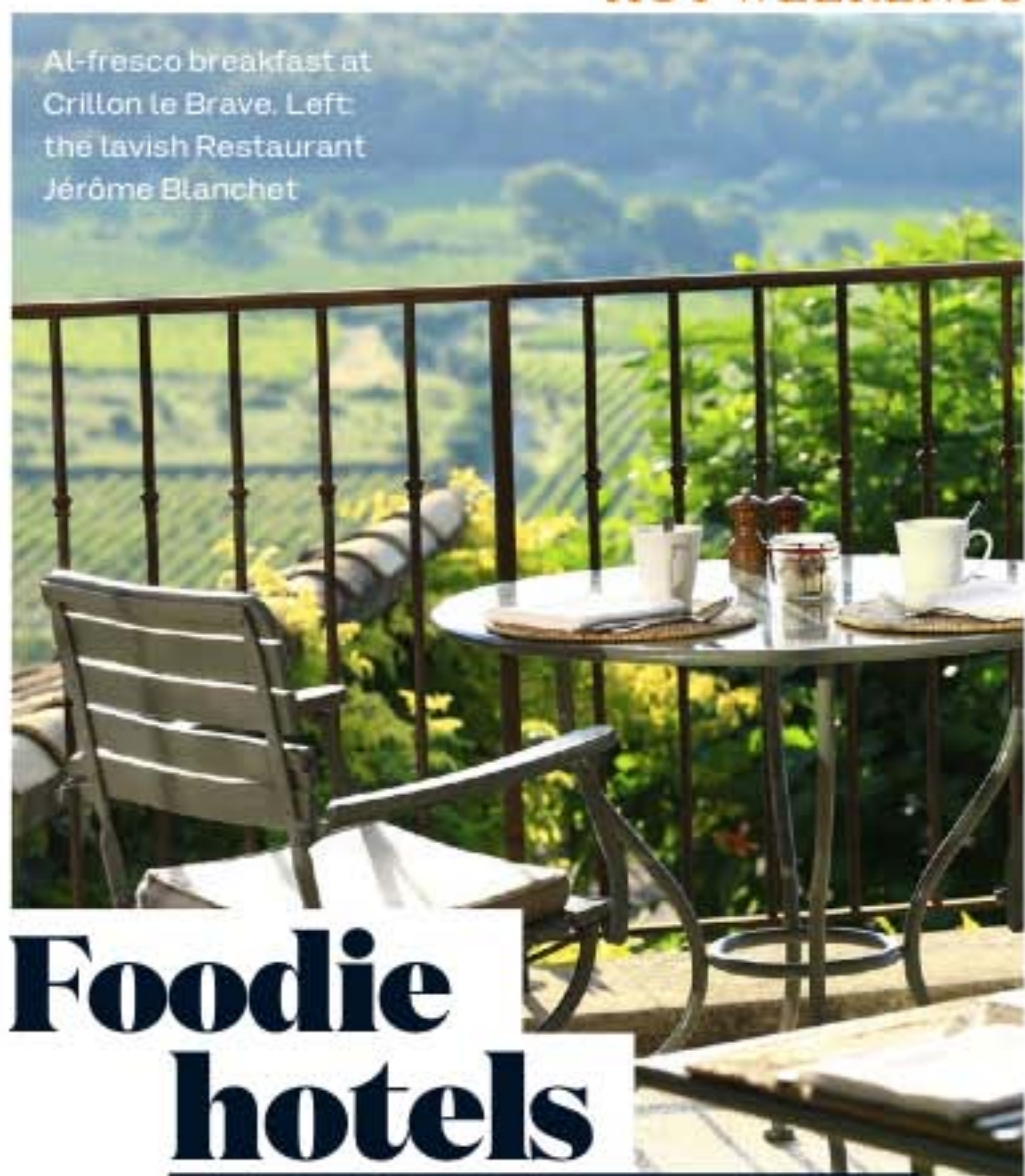
Via del Vantaggio 14, 00186 Rome; +39 06 4561 7070; [preferredhotelgroup.com](http://preferredhotelgroup.com). Doubles from £280, B&B. British Airways ([ba.com](http://ba.com)) has return flights to Rome, from London Heathrow and Gatwick, from £100.



Vintage meets modern at The Porch House. Below: The 'insanely comfortable' beds



**HOT  
WEEKENDS**



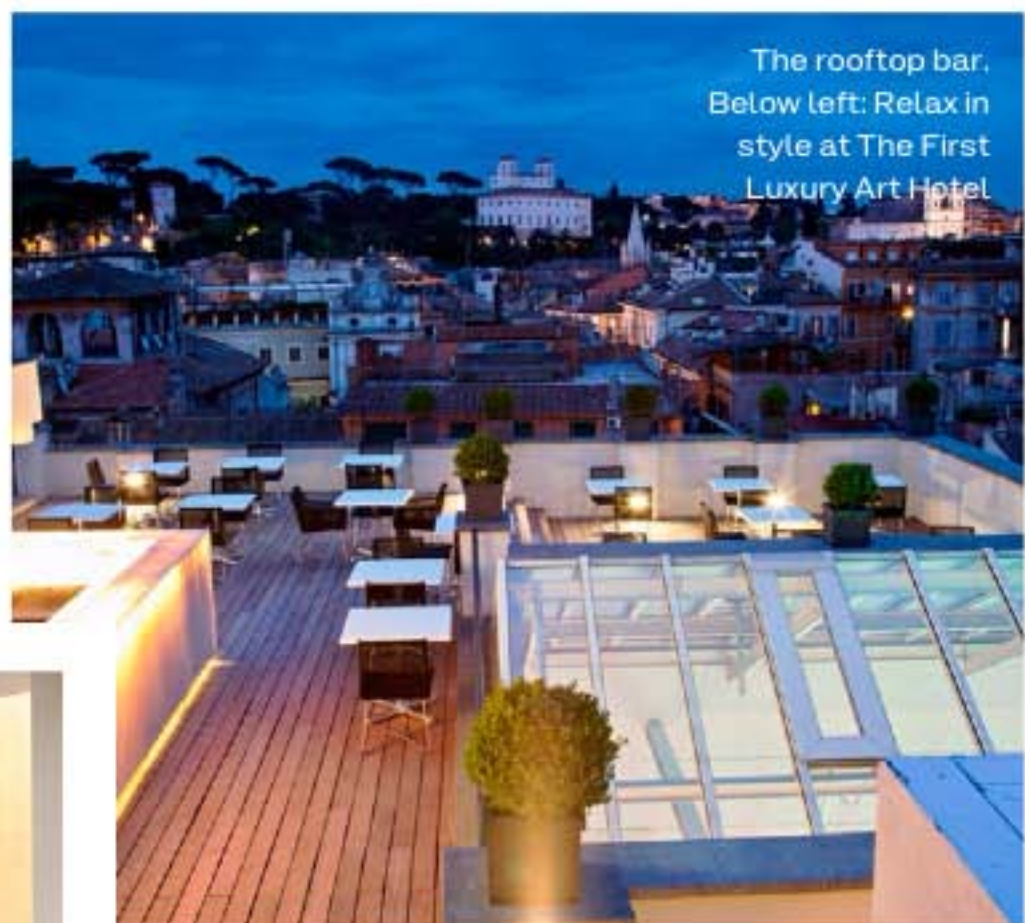
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