



THE TRAILHEAD SPA AT BRUSH CREEK RANCH

Services Menu

“I go to nature to be soothed and healed, and to have my senses put in tune once more.”

-JOHN BURROUGHS, AMERICAN NATURALIST







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**AMIDST ALL THE ADVENTURE,
A CHANCE TO INDULGE.**

The luxurious Trailhead Spa is a place to rejuvenate the soul in an environment where the indoor elements deeply reflect the vast Western landscape of the Ranch itself. Incorporating traditions of the American West with indigenous ingredients to create a truly sensory experience, a day at The Trailhead Spa will quench your restorative needs just as our stunning natural landscape quenches your appetite for outdoor adventure. We offer therapeutic treatments designed to give your body and mind relief from the stress of daily life. Our professional therapists help guests relax and revive with various types of massages, facials and body treatments. Take time to nurture yourself, nestled in our pristine mountain splendor.





Massage

BCR SIGNATURE MASSAGE 60 MIN / 90 MIN

Tailored to your needs for reducing stress, providing pure relaxation, improving circulation and easing pain after a full day on the Ranch.

WYOMING RIVER STONE MASSAGE 90 MIN

Warmed basalt stones are used as part of this massage treatment to bring about a deeper state of relaxation, dissolving blocked energy and replacing aches and pains with warmth and tranquility. Ideal for soothing sore muscles, reducing stress and increasing circulation.

SPIRIT JOURNEY 60 MIN / 90 MIN

Bring back balance, during this aromatherapy experience as the skin is warmed and the blood drawn to the surface with customized essential oils, increasing circulation and encouraging the elimination of toxins from the body to promote healing and a feeling of well-being.

DEEP TISSUE MASSAGE 60 MIN / 90 MIN

Specially designed to aid injury recovery and relief of pain, this deep pressure muscle therapy offers the maximum release of overall tension.

REFLEXOLOGY 30 MIN / 60 MIN

Steady pressure is applied to the reflex points on the feet and hands, corresponding to specific body parts and organs. This treatment has a positive effect in balancing energy and revitalizing the body. Finished with a scalp massage and detoxifying mud application to the feet.

PRENATAL 60 MIN / 90 MIN

Expert hands nurture the expectant mother and baby using specialized techniques designed to target areas of discomfort during your pregnancy. A soothing combination of nourishing, warm shea butter and gentle strokes relieves the unique stresses and strains experienced during this special time.

RANCH COUPLES

Invite your spouse, friend or significant other to join you for the ultimate spa experience. We can offer identical or different treatments to each of you, side-by-side, in our couples' treatment room at the spa or in your cabin residence.

TEEPEE EXPERIENCE INCLUDING A SMUDGING RITUAL (WEATHER PERMITTING)

Let our specially trained therapists bring you to new levels of relaxation in our authentic private teepee. Native Americans believe the smoke from a sage stick draws out negative energy, releasing tension and reconnecting you to the energy of the earth. Calming mists of lavender induce spiritual healing.



Body

WRAPPED IN STILLNESS 60 MIN

In this treatment, a custom complex of essential oils envelops the entire body, indulging the senses and renourishing the skin with Lavender, Calendula and Shea Butter.

END OF THE TRAIL 60 MIN

This body polish is especially good for exceptionally dry and dehydrated skin. Sea salts with a blend of juniper, lavender and sage oils are massaged into the skin, creating a silky, soft and healthy glow. The treatment is followed by a 15-minute steam and shower.

SPIRIT OF BRUSH CREEK 60 MIN

A rebalancing and restorative full body wrap that utilizes mineral salts with remineralizing properties targeted at renourishing the body. Relax to a scalp massage, and a 15-minute steam and shower.

NORTH PLATTE RIVER SPECIAL 90 MIN

A purifying wrap, that cleanses, detoxifies, and restores skin tone and vitality. A clay body mask combined with essential oils, draws out toxins and delivers essential minerals to the skin. Relax to a scalp massage, and a 15-minute steam and shower.

Specialty Experiences

OUTDOOR 90 MIN ONLY

Enjoy a private, one-of-a-kind spa experience along the banks of sparkling Brush Creek. Experiences are weather permitting and require a 12-hour notice. *Includes a 40% upcharge to any treatment.*

IN-ROOM 90 MIN ONLY

Enjoy private massage treatments in your cabin residence by one of our professional spa consultants. Please reserve a minimum of 12 hours in advance. *Includes a 40% upcharge to massage treatments.*

TRAILHEAD SIGNATURE ESCAPE 2.5 HRS

Includes choice of BCR Signature Massage or Paintbrush Facial (60 min), plus an aromatic manicure and pedicure.

TRIBAL BLISS EXPERIENCE 4.5 HRS

Includes a Wyoming River Stone Massage (90 min) followed by Sacagawea's Signature Facial (90 min), plus an aromatic manicure and pedicure.







Facials

SACAGAWEA'S SIGNATURE 90 MIN

A complete customized essential facial including cleansing, toning, exfoliation and application of a remoisturizing mask. The treatment also includes a hand and foot massage to thoroughly restore you after a day in the great outdoors.

MOUNTAIN SPRING 90 MIN

This moisture infused facial brings your skin back to life, while cleansing, toning, and removing of surface skin cells. A luxurious hand and foot massage completes the treatment.

PAINTBRUSH 60 MIN

A gentle calming facial for sensitive skin or skin that has been overexposed to the outdoor elements. The treatment includes an intense hydrating hand and foot massage.

COWBOY'S FACIAL 60 MIN

Refresh, replenish and revitalize. This relaxing facial is tailored to a man's skin type. After a long day in the saddle, restore yourself with towels infused with eucalyptus oils. Includes a relaxing hand and foot massage.

BACK FACIAL 60 MIN

Ensure that your back is as gorgeous as your face and décolleté with a session devoted exclusively to your flip side. The benefits of deep cleansing, extraction, exfoliation, moisturizing, massage and mask aren't reserved for the face alone. The back, too, responds to the same personalized care and attention. Enjoy a scalp massage while your back receives a toning and detoxifying massage.

EYE DELIGHT 30 MIN

This three-phase massage is performed directly on the eye zone, followed by a supple, comforting eye compress that delivers therapeutic elements for multilevel improvement of the delicate eye-area tissue that reduces puffiness, dark circles and the appearance of fatigue. *Offered as an added treatment with facial or massage.*



Hands & Feet

AROMATIC MANICURE 60 MIN / 90 MIN

Hands are placed in aromas of your choice—lemongrass, lavender, sweet orange or a customized blend—to soften the cuticles. Nails are then shaped and buffed to a shine and your choice of polish is applied.

AROMATIC PEDICURE 60 MIN / 90 MIN

Soothe your feet in a relaxing eucalyptus foot soak. Nails are trimmed and filed and calluses are pumiced away. Earth-derived sugar scrub is applied to the feet and then they are enveloped in warm linens for moisturizing. Finish with your choice of polish.

SHELLAC MANICURE 60 MIN

Enjoy smudge-free nail color for 14 days and beyond. Creative Nail Design brings you the first hybrid polish that goes on like a polish, cures like a gel and lasts like an acrylic. Add this service to the aromatic manicure for the ultimate hand pampering.

REJUVENATING PARAFFIN TREATMENT 30 MIN

Dip into warm paraffin for silky, smooth skin. This added treatment is an excellent way to hydrate tired hands and feet.



Salon Services

Our talented team of cosmetologists offers a wide variety of professional services and takes great pride in consistently giving our guests the best possible salon experience.

HAIR 90 MIN

Get the latest hairstyles for men, women and children and bridal up-dos and color treatments and highlights. *Please allow 48 hour advanced notice for requested hair appointments and services or request in advance of your arrival with your concierge.*

MAKEUP 60 MIN

Custom color match and contour by airbrushing your skin to perfection. Then brush to palette for detailing the perfect photo-ready bride or a special night at the Ranch.

BRIDAL HAIR & MAKEUP 60 MIN / 90 MIN

We specialize in brides, taking you through trial hair and makeup sessions to photo-ready perfection on your big day. We will also assist your bridal party. Please ask for consultation.

Hair Removal

Ladies can indulge in a brow, underarm or bikini wax and gents can go smooth with an ear, nose or brow wax.

Spa Products

We have carefully selected our spa products to ensure that you are receiving luxurious treatments with pure and natural ingredients.

For both facial and body treatments, we utilize only leading skincare and bodycare products known throughout the world. Our Skincare and Body treatments encompass patented formulas that nourish and stimulate the mind, body and soul.





Fitness & Wellness

The Ranch is a place to rejuvenate the spirit. In addition to all our spa therapies and other treatments, we offer both individual and group programs for our guests, from cardio and strength training to yoga.

FITNESS CENTER

Adjacent to the spa is a state-of-the-art fitness center with outdoor views featuring a selection of cardio equipment with built-in LCD screens and headsets for individual viewing pleasure. In addition, the center has free weights, a multistation gym and indoor Velotron cycling trainers with built-in LCD screens.

WELLNESS PROGRAMS

We offer a variety of group fitness and yoga programs to enhance your stay with us. *For a truly inspirational experience try our yoga classes held outdoors seasonally on the spectacular Falcon Peak Overlook vista.*

SAUNA & STEAM ROOMS

In addition to our treatment rooms, the spa features full-service men's and women's locker rooms, as well as unisex sauna and steam rooms to enhance your wellness experience.



Spa Reservations & Policies

HOURS OF OPERATION

Spa treatment services are available from 8am-7pm or by special appointment. Sauna & steam room also available during spa hours. The Fitness center and locker rooms are open from 6am-10pm.

SPA RESERVATIONS

To ensure the time and treatments that you prefer, we strongly recommend that you schedule spa appointments prior to your arrival at the Spa. Reservations and treatments are subject to availability and can be made at the spa directly, with your concierge, or with the activities concierge in the outfitter's barn.

CHECK-IN

We encourage you to check in 30 minutes prior to your appointment to unwind and enjoy our sauna and steam room and to replenish your body with our selection of fresh juices.

CANCELLATION & RESCHEDULING POLICY

To change or cancel your appointment, please allow 5 hours advance notice of your scheduled appointment, to avoid being charged in full. Morning appointments must be canceled by 6pm the evening prior. Please note that prices and hours of operation are subject to change.

LATE ARRIVALS

Arriving late may interfere with your treatment time. All appointments will end at their scheduled time so that the next guest's treatment can start on time.

PAYMENT INFORMATION

All spa services include 18% gratuity and will be placed on your guest folio, unless otherwise requested.



THE LODGE & SPA AT
BRUSH CREEK
RANCH

AUTHENTICALLY WESTERN · EXCLUSIVELY YOURS

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